

VAL MARGARIT

# 365 QUOTES OF WISDOM



A Year of Daily Inspiration  
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365 Quotes of Wisdom

A year of Daily Inspiration

By

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Welcome to your best year!

Welcome to a year-long journey filled with inspiration! This new year, every day, you have the opportunity to discover something new, gain a fresh perspective, and receive a daily dose of motivation. How? Through the magic of quotes - those small, powerful nuggets of wisdom that can truly transform our lives.

I love quotes.

I love to reflect on a quote that speaks to me. They're like little companions, offering guidance, encouragement, and sometimes that gentle nudge we all need. In fact, I use them daily, both personally and with my students and clients. Often, I kickstart my classes with a carefully chosen quote, or a student brings one to share. Together, we reflect on the profound meaning and offer diverse perspectives. It's a powerful reminder that although we read and reflect over the same quote we often have unique perspectives on it and that's beautiful. We learn from each other every day.

We are unique. You are unique so yes, it makes sense to have unique perspectives.

Consider this collection a treasure trove, waiting to be uncovered each day. The beauty lies not just in the words themselves but in the moments they create for us. Picture this: every morning, you open a door to a brand new idea, a fresh perspective, or a motivational boost. It's like receiving a gift every day, a gift that keeps on giving.

So, here's the invitation: take a quiet moment each day to read and reflect on a quote. Ideally in the morning before you begin your day. Let it sink in, resonate with you, and maybe even jot down your

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thoughts. It's a simple ritual, but in its simplicity, it carries the potential to spark profound changes within.

Let these daily doses of wisdom be your companion on this journey. As you read, reflect, and write, you might find yourself uncovering new layers of understanding about yourself and the world around you.

**Are you ready? Let the journey begin – one quote, one day at a time.**

1. Know thyself. - Socrates
2. The only true wisdom is in knowing you know nothing. - Socrates
3. He/she who is not a good servant will not be a good master. - Plato
4. *Your time is limited, don't waste it living someone else's life.* - Steve Jobs
5. The good life is one inspired by love and guided by knowledge. - Bertrand Russell
6. It is the mark of an educated mind to be able to entertain a thought without accepting it. - Aristotle
7. The first and greatest victory is to conquer yourself. - Plato
8. We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men/women are afraid of the light. - Plato
9. The only limit to our realization of tomorrow will be our doubts of today. - Franklin D. Roosevelt
10. The soul becomes dyed with the color of its thoughts. - Marcus Aurelius
11. Waste no more time arguing about what a good man/woman should be. Be one. - Marcus Aurelius
12. *The greatest wealth is health.* - Virgil

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13. *Take care of your body. It's the only place you have to live.*  
- Jim Rohn
14. To keep the body in good health is a duty... otherwise, we shall not be able to keep our mind strong and clear. - Buddha
15. Health is a state of complete harmony of the body, mind, and spirit. When one is free from physical disabilities and mental distractions, the gates of the soul open. - B.K.S. Iyengar
16. The groundwork for all happiness is health. - Leigh Hunt
17. Your body is a temple, but only if you treat it as one. - Astrid Alauda
18. Wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well-being. - Greg Anderson
19. The first wealth is health. - Ralph Waldo Emerson
20. It is health that is real wealth and not pieces of gold and silver. - Mahatma Gandhi
21. The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not.  
- Mark Twain
22. No one can make you feel inferior without your consent. - Eleanor Roosevelt
23. Your attitude, not your aptitude, will determine your altitude. - Zig Ziglar
24. I don't know who invented high heels, but all women owe them a lot! - Marilyn Monroe
25. The most common way people give up their power is by thinking they don't have any. - Alice Walker
26. I alone cannot change the world, but I can cast a stone across the waters to create many ripples. - Mother Teresa
27. Well-behaved women seldom make history. - Laurel Thatcher Ulrich

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28. *You may not control all the events that happen to you, but you can decide not to be reduced by them.* - Maya Angelou
29. The question isn't who's going to let me, it's who's going to stop me. - Ayn Rand
30. The future belongs to those who believe in the beauty of their dreams. - Eleanor Roosevelt
31. If you want something said, ask a man; if you want something done, ask a woman. - Margaret Thatcher
32. I'd like people to think of me as someone who cares about them. - Diana, Princess of Wales
33. The best way to find yourself is to lose yourself in the service of others. - Mahatma Gandhi
34. Be kind, for whenever kindness becomes part of something, it beautifies it. - Prophet Muhammad
35. Love is the bridge between you and everything. - Rumi
36. Science knows no country, because knowledge belongs to humanity, and is the torch which illuminates the world. - Louis Pasteur
37. We are just an advanced breed of monkeys on a minor planet of a very average star. But we can understand the Universe. That makes us something very special. - Stephen Hawking
38. Somewhere, something incredible is waiting to be known. - Carl Sagan
39. The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom. - Isaac Asimov
40. The important question is not what will yield to man a few scattered pleasures, but what will render his life happy on the whole amount. - Joseph Priestley
41. The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. - Albert Einstein
42. Science is a way of thinking much more than it is a body of knowledge. - Carl Sagan

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43. The important achievement of Apollo was demonstrating that humanity is not forever chained to this planet and our visions go rather further than that and our opportunities are unlimited. - Neil Armstrong
44. *Imagination is more important than knowledge.* - Albert Einstein
45. The good thing about science is that it's true whether or not you believe in it. - Neil deGrasse Tyson
46. Science knows no country, because knowledge belongs to humanity, and is the torch which illuminates the world. - Louis Pasteur
47. We are just an advanced breed of monkeys on a minor planet of a very average star. But we can understand the Universe. That makes us something very special. - Stephen Hawking
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51. Science is a way of thinking much more than it is a body of knowledge. - Carl Sagan
52. I'm not an actor, I'm a movie star! - Bette Davis
53. I don't want to be interesting. I want to be good. - Meryl Streep
54. The best way to guarantee a loss is to quit. - Morgan Freeman
55. Acting is not about being someone different. It's finding the similarity in what is apparently different, then finding myself in there. - Meryl Streep

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56. I don't know what the future holds, but I do know that I'm going to be positive and not wake up feeling desperate. - Bill Murray
57. Success is not final, failure is not fatal: It is the courage to continue that counts. - Winston Churchill
58. The more you leave out, the more you highlight what you leave in. - Henry James
59. It's never too late to be who you might have been. - George Eliot
60. I don't want to be labeled as either a pansy or a professional. - Johnny Depp
61. If you're lucky enough to do well, it's your responsibility to send the elevator back down. - Kevin Spacey
62. Well-behaved women seldom make history. - Laurel Thatcher Ulrich
63. No one can make you feel inferior without your consent. - Eleanor Roosevelt
64. A woman is like a tea bag—you never know how strong she is until she gets in hot water. - Eleanor Roosevelt
65. The question isn't who's going to let me, it's who's going to stop me. - Ayn Rand
66. I alone cannot change the world, but I can cast a stone across the waters to create many ripples. - Mother Teresa
67. The most common way people give up their power is by thinking they don't have any. - Alice Walker
68. If you want something said, ask a man; if you want something done, ask a woman. - Margaret Thatcher
69. The future belongs to those who believe in the beauty of their dreams. - Eleanor Roosevelt
70. I'd like people to think of me as someone who cares about them. - Diana, Princess of Wales

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71. You may not control all the events that happen to you, but you can decide not to be reduced by them. - Maya Angelou
72. The more that you read, the more things you will know. The more that you learn, the more places you'll go. - Dr. Seuss
73. *Education is the most powerful weapon which you can use to change the world.* - Nelson Mandela
74. Live as if you were to die tomorrow. Learn as if you were to live forever. - Mahatma Gandhi
75. The beautiful thing about learning is that no one can take it away from you. - B.B. King
76. Education is not the filling of a pail, but the lighting of a fire. - William Butler Yeats
77. An investment in knowledge pays the best interest. - Benjamin Franklin
78. The only person who is educated is the one who has learned how to learn and change. - Carl Rogers
79. The more I read, the more I acquire, the more certain I am that I know nothing. - Voltaire
80. Education is the passport to the future, for tomorrow belongs to those who prepare for it today. - Malcolm X
81. Education is not preparation for life; education is life itself. - John Dewey
82. The greatest leader is not necessarily the one who does the greatest things. He/She is the one that gets the people to do the greatest things. - Ronald Reagan
83. A good leader takes a little more than their share of the blame, a little less than their share of the credit. - Arnold H. Glasow
84. *To handle yourself, use your head; to handle others, use your heart.* - Eleanor Roosevelt
85. The function of leadership is to produce more leaders, not more followers. - Ralph Nader



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86. A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. - Douglas MacArthur
87. The best leaders are those most interested in surrounding themselves with assistants and associates smarter than they are. - John C. Maxwell
88. The challenge of leadership is to be strong, but not rude; be kind, but not weak; be bold, but not a bully; be thoughtful, but not lazy; be humble, but not timid; be proud, but not arrogant; have humor but without folly. - Jim Rohn
89. The greatest leaders are willing to sacrifice their own personal interests for the good of the team. - John C. Maxwell
90. A leader is one who knows the way, goes the way, and shows the way. - John C. Maxwell
91. Your attitude, not your aptitude, will determine your altitude. - Zig Ziglar
92. Whether you think you can, or you think you can't—you're right. - Henry Ford
93. It's not what happens to you, but how you react to it that matters. - Epictetus
94. The only limit to our realization of tomorrow will be our doubts of today. - Franklin D. Roosevelt
95. *The mind is everything. What you think you become.* - Buddha
96. Change your thoughts and you change your world. - Norman Vincent Peale
97. Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny. - Mahatma Gandhi
98. Believe you can and you're halfway there. - Theodore Roosevelt
99. The only way to do great work is to love what you do. - Steve Jobs

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100. It's not the load that breaks you down, it's the way you carry it. - Lou Holtz
101. It's not whether you get knocked down, it's whether you get up. - Vince Lombardi
102. The human capacity for burden is like bamboo—far more flexible than you'd ever believe at first glance. - Jodi Picoult
103. Resilience is accepting your new reality, even if it's less good than the one you had before. - Elizabeth Edwards
104. The oak fought the wind and was broken, the willow bent when it must and survived. - Robert Jordan
105. Do not judge me by my success, judge me by how many times I fell down and got back up again. - Nelson Mandela
106. The greatest glory in living lies not in never falling, but in rising every time we fall. - Nelson Mandela
107. It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change. - Charles Darwin
108. Our greatest glory is not in never falling, but in rising every time we fall. - Confucius
109. You may have to fight a battle more than once to win it. - Margaret Thatcher
110. You are braver than you believe, stronger than you seem, and smarter than you think. - A.A. Milne
111. A goal properly set is halfway reached. - Zig Ziglar
112. Your goals are the road maps that guide you and show you what is possible for your life. - Les Brown
113. You are never too old to set another goal or to dream a new dream. - C.S. Lewis
114. What you get by achieving your goals is not as important as what you become by achieving your goals. - Zig Ziglar

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115. The tragedy in life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach. - Benjamin Mays
116. If you want to live a happy life, tie it to a goal, not to people or things. - Albert Einstein
117. Set your goals high, and don't stop till you get there. - Bo Jackson
118. The more intensely we feel about an idea or a goal, the more assuredly the idea, buried deep in our subconscious, will direct us along the path to its fulfillment. - Earl Nightingale
119. A dream becomes a goal when action is taken toward its achievement. - Bo Bennett
120. Success is not final, failure is not fatal: It is the courage to continue that counts. - Winston Churchill
121. Success is stumbling from failure to failure with no loss of enthusiasm. - Winston S. Churchill
122. Success is not how high you have climbed, but how you make a positive difference to the world. - Roy T. Bennett
123. Success usually comes to those who are too busy to be looking for it. - Henry David Thoreau
124. Success is not just about making money. It's about making a difference. - Unknown
125. Success is not in what you have, but who you are. - Bo Bennett
126. Believe you can and you're halfway there. - Theodore Roosevelt
127. Confidence comes not from always being right but from not fearing to be wrong. - Peter T. McIntyre
128. To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment. - Ralph Waldo Emerson
129. With confidence, you have won before you have started. - Marcus Garvey

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130. It is confidence in our bodies, minds, and spirits that allows us to keep looking for new adventures. - Oprah Winfrey
131. The way to develop self-confidence is to do the thing you fear and get a record of successful experiences behind you. - William Jennings Bryan
132. Confidence is silent. Insecurities are loud. - Unknown
133. Don't wait until everything is just right. It will never be perfect. There will always be challenges, obstacles, and less than perfect conditions. So what? Get started now. With each step you take, you will grow stronger and stronger, more and more skilled, more and more self-confident, and more and more successful. - Mark Victor Hansen
134. You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I lived through this horror. I can take the next thing that comes along.' - Eleanor Roosevelt
135. Confidence is not 'they will like me.' Confidence is 'I'll be fine if they don't.' - Unknown
136. Do one thing every day that scares you. - Eleanor Roosevelt
137. Don't be pushed around by the fears in your mind. Be led by the dreams in your heart. - Roy T. Bennett
138. Fear is only as deep as the mind allows. - Japanese Proverb
139. Fear is the brain's way of saying that there is something important for you to overcome. - Rachel Huber
140. Everything you want is on the other side of fear. - Jack Canfield
141. Fear is the enemy of logic. There is no more debilitating, crushing, self-defeating, sickening thing in the world—to an individual or to a nation. - Franklin D. Roosevelt
142. Expose yourself to your deepest fear; after that, fear has no power, and the fear of freedom shrinks and vanishes. You are free. - Jim Morrison

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143. Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy. - Dale Carnegie
144. The only thing we have to fear is fear itself. - Franklin D. Roosevelt
145. Courage is not the absence of fear, but rather the assessment that something else is more important than fear. - Franklin D. Roosevelt
146. Remember, facing your fears and not letting them control your actions can lead to personal growth and success.
147. To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment. - Ralph Waldo Emerson
148. Knowing yourself is the beginning of all wisdom. - Aristotle
149. Your time is limited, don't waste it living someone else's life. - Steve Jobs
150. *The more you know who you are, and what you want, the less you let things upset you.* - Stephanie Perkins
151. Be yourself; everyone else is already taken. - Oscar Wilde
152. Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power. - Lao Tzu
153. To know what you prefer instead of humbly saying 'Amen' to what the world tells you you ought to prefer, is to have kept your soul alive. - Robert Louis Stevenson
154. Owning our story and loving ourselves through that process is the bravest thing that we'll ever do. - Brené Brown
155. The better you know yourself, the better your relationship with the rest of the world. - Toni Collette
156. When I discover who I am, I'll be free. - Ralph Ellison
157. Embracing and understanding your authentic self is a powerful journey towards personal fulfillment and happiness.

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158. Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny. - Mahatma Gandhi
159. Values are like fingerprints. Nobody's the same, but you leave 'em all over everything you do. - Elvis Presley
160. The way to develop the best that is in a person is by appreciation and encouragement. - Charles Schwab
161. Your values become your destiny. - Ralph Waldo Emerson
162. To educate a person in the mind but not in morals is to educate a menace to society. - Theodore Roosevelt
163. The only thing you should ever quit is giving up. - Steve Pfeister
164. Your culture is your brand. - Tony Hsieh
165. Don't watch the clock; do what it does. Keep going. - Sam Levenson
166. Don't be pushed by your problems. Be led by your dreams. - Ralph Waldo Emerson
167. Values guide our decisions, actions, and define who we are.
168. The only disability in life is a bad attitude. - Scott Hamilton
169. Attitude is a little thing that makes a big difference. - Winston Churchill
170. Your attitude determines your direction. - Unknown
171. A positive attitude gives you power over your circumstances instead of your circumstances having power over you. - Joyce Meyer
172. The greatest discovery of all time is that a person can change his future by merely changing his attitude. - Oprah Winfrey

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173. Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it. - Lou Holtz
174. Life is 10% what happens to us and 90% how we react to it. - Charles R. Swindoll
175. The only difference between a good day and a bad day is your attitude. - Dennis S. Brown
176. Attitude plays a crucial role in shaping our experiences and influencing the outcomes in life.
177. The purpose of our lives is to be happy. - Dalai Lama
178. The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart. - Helen Keller
179. A successful marriage requires falling in love many times, always with the same person. - Mignon McLaughlin
180. To know when to go away and when to come closer is the key to any lasting relationship. - Doménico Cieri Estrada
181. A true relationship is someone who accepts your past, supports your present, and encourages your future. - Unknown
182. The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed. - Carl Jung
183. The best thing to hold onto in life is each other. - Audrey Hepburn
184. In relationships, the little things are the big things. - Stephen R. Covey
185. A great relationship is about two things: first, appreciating the similarities, and second, respecting the differences. - Unknown
186. Love is not just something you feel, it's something you do. - David Wilkerson

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187. To love and be loved is to feel the sun from both sides. -  
David Viscott
188. Love is composed of a single soul inhabiting two bodies. -  
Aristotle
189. Love is the only force capable of transforming an enemy into  
a friend. - Martin Luther King Jr.
190. Where there is love, there is life. - Mahatma Gandhi
191. The only thing we never get enough of is love, and the only  
thing we never give enough of is love. - Henry Miller
192. Love is not about how many days, months, or years you have  
been together. Love is about how much you love each other every  
single day. - Unknown
193. Love is an endless mystery, for it has nothing else to  
explain it. - Rabindranath Tagore
194. Love is an energy that exists by itself. It has its own  
value. - Thornton Wilder
195. Kindness is a language that the deaf can hear and the blind  
can see. - Mark Twain
196. No act of kindness, no matter how small, is ever wasted. -  
Aesop
197. Carry out a random act of kindness, with no expectation of  
reward, safe in the knowledge that one day someone might do the  
same for you. - Princess Diana
198. Kind words can be short and easy to speak, but their echoes  
are truly endless. - Mother Teresa
199. In a world where you can be anything, be kind. - Unknown
200. Kindness is the sunshine in which virtue grows. - Robert  
Green Ingersoll
201. Kindness is the ability to know what the right thing to do is  
and having the courage to do it. - R.A. Heinlein



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202. Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. - Leo Buscaglia
203. Be kind, for everyone you meet is fighting a harder battle. - Plato
204. Kindness is the gift that keeps on giving. - Unknown
205. Imagination is more important than knowledge. For knowledge is limited, whereas imagination embraces the entire world, stimulating progress, giving birth to evolution. - Albert Einstein
206. The true sign of intelligence is not knowledge but imagination. - Albert Einstein
207. Imagination is everything. It is the preview of life's coming attractions. - Albert Einstein
208. The world is but a canvas to our imagination. - Henry David Thoreau
209. Logic will get you from A to B. Imagination will take you everywhere. - Albert Einstein
210. Imagination is the only weapon in the war against reality. - Lewis Carroll
211. Imagination is the golden-eyed monster that never sleeps. It must be fed; it cannot be ignored. - Patricia A. McKillip
212. Imagination is the power of the mind over the possibilities of things. - William Stevens
213. Imagination should be used, not to escape reality, but to create it. - Colin Wilson
214. Imagination is like a muscle. I found out that the more I wrote, the bigger it got. - Philip José Farmer
215. Imagination is the workshop of the mind capable of turning mind energy into accomplishment and wealth. - Napoleon Hill

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216. Visualize this thing that you want, see it, feel it, believe in it. Make your mental blueprint, and begin to build. - Robert Collier
217. What the mind can conceive and believe, it can achieve. - Napoleon Hill
218. Your thoughts create your reality. Your mind is more powerful than you know. "Yourself":)
219. Visualization is daydreaming with a purpose. - Bo Bennett
220. Visualization is the process of creating pictures in your mind enjoying what you want. - Rhonda Byrne
221. See the picture in your mind, then focus on making it a reality. - Jerry Gillies
222. Create the highest grandest vision possible for your life because you become what you believe. - Oprah Winfrey
223. Visualization works if you work hard. That's the thing. You can't just visualize and go eat a sandwich. - Jim Carrey
224. The 'impostor syndrome,' the persistent fear of being exposed as a 'fraud,' is not simply a false belief of inadequacy but rather a pervasive feeling of self-doubt. - Pauline Clance
225. Every time I am about to start a new project, I think I can't do it. I'm too old. Too young. Too inexperienced. But then I push past that and almost always, what I end up creating is far better than I thought. - Julia Cameron
226. The thing about impostor syndrome is you can't really understand it unless you've been through it. - Felicia Day
227. At times, I have felt like I don't deserve success or recognition. I think a lot of people experience this, especially women. - Natalie Portman
228. I have written 11 books, but each time I think, 'Uh oh, they're going to find out now. I've run a game on everybody, and they're going to find me out.' - Maya Angelou

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229. The more I accomplish, the more pressure I feel to do better, and the harder I am on myself. It's a vicious cycle, but it's one I'm very aware of. - Sheryl Sandberg
230. I still have a hard time saying I'm an artist, even though I've sold millions of records. - Trent Reznor
231. The beauty of impostor syndrome is you can turn any failure into proof that you're a phony. - Jesse Singal
232. *Coaching is unlocking a person's potential to maximize their growth.* - John Whitmore
233. The best leaders are the most dedicated learners. Read great books every day. Learn from your mistakes. Learn from your successes. - Robin Sharma
234. Coaching is about enabling individuals to make conscious decisions and empowering them to become leaders in their own lives. - Sid Ridgley
235. A coach is someone who can give corrections without causing resentment. - John C. Maxwell
236. Coaching is about helping clients unlock the treasure chest of their potential. - Michael Neil
237. The art of coaching is about knowing when to hold back and when to push forward. - Adam Gopnik
238. Coaching is about connecting with people, inspiring them to do their best, and helping them to grow. - Steve Backley
239. Coaching is the universal language of change and learning.
240. The coach's job is to be a farmer—tending to the soil, planting seeds, and helping the harvest grow. - Peter Senge
241. Coaching is about bridging the gap between where you are now and where you want to be. - Unknown
242. Teaching is the greatest act of optimism. - Colleen Wilcox
243. A good teacher can inspire hope, ignite the imagination, and instill a love of learning. - Brad Henry

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244. Teaching kids (adults) to count is fine, but teaching them what counts is best. - Bob Talbert
245. The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires. - William Arthur Ward
246. One child, one teacher, one book, one pen can change the world. - Malala Yousafzai
247. Teaching is not about answering questions but about raising questions - opening doors for them in places that they could not imagine. - Yawar Baig
248. The job of an educator is to teach students to see vitality in themselves. - Joseph Campbell
249. Teaching is the profession that teaches all the other professions. - Unknown
250. Education is not the filling of a pail, but the lighting of a fire. - W.B. Yeats
251. Time you enjoy wasting is not wasted time. - Marthe Trolly-Curtin
252. They always say time changes things, but you actually have to change them yourself. - Andy Warhol
253. The way we spend our time defines who we are. - Jonathan Estrin
254. Time is a game played beautifully by children. - Heraclitus
255. Time flies over us, but leaves its shadow behind. - Nathaniel Hawthorne
256. Time is what we want most, but what we use is the worst. - William Penn
257. Lost time is never found again. - Benjamin Franklin
258. The future is something which everyone reaches at the rate of 60 minutes an hour, whatever they do, whoever they are. - C.S. Lewis

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259. Time is a created thing. Say 'I don't have enough time,' and you'll start to believe it. - Unknown
260. Simplicity is the ultimate sophistication. - Leonardo da Vinci
261. The ability to simplify means to eliminate the unnecessary so that the necessary may speak. - Hans Hofmann
262. Live simply so that others may simply live. - Mahatma Gandhi
263. It is not how much we have, but how much we enjoy that makes us happy. - Charles Spurgeon
264. A simple life is not seeing how little we can get by with—that's poverty—but how efficiently we can put first things first. - Victoria Moran
265. Simplicity is the keynote of all true elegance. - Coco Chanel
266. Simplicity is the glory of expression. - Walt Whitman
267. The greatest step towards a life of simplicity is to learn to let go. - Steve Maraboli
268. The greatest wealth is to live content with little. - Plato
269. The simple life is the happiest. - Leonardo da Vinci
270. The world is a book, and those who do not travel read only one page. - Saint Augustine
271. Travel makes one modest, you see what a tiny place you occupy in the world. - Gustave Flaubert
272. Adventure is worthwhile in itself. - Amelia Earhart
273. To travel is to discover that everyone is wrong about other countries. - Aldous Huxley
274. Traveling - it leaves you speechless, then turns you into a storyteller. - Ibn Battuta
275. Travel far enough, you meet yourself. - David Mitchell
276. The journey not the arrival matters. - T.S. Eliot

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277. I haven't been everywhere, but it's on my list. - Susan Sontag
278. Travel is fatal to prejudice, bigotry, and narrow-mindedness.  
- Mark Twain
279. A traveler without observation is a bird without wings. -  
Moslih Eddin Saadi
280. The goal isn't more money. The goal is living life on your  
terms. - Chris Brogan
281. It's not how much money you make, but how much money you  
keep, how hard it works for you, and how many generations you  
keep it for. - Robert Kiyosaki
282. Don't save what is left after spending, but spend what is  
left after saving. - Warren Buffett
283. The more you learn, the more you earn. - Warren Buffett
284. The habit of saving is itself an education; it fosters every  
virtue, teaches self-denial, cultivates the sense of order,  
trains to forethought, and so broadens the mind. - T.T. Munger
285. Investing should be more like watching paint dry or watching  
grass grow. If you want excitement, take \$800 and go to Las  
Vegas. - Paul Samuelson
286. Opportunities come infrequently. When it rains gold, put out  
the bucket, not the thimble. - Warren Buffett
287. The stock market is designed to transfer money from the  
active to the patient. - Warren Buffett
288. The first rule is not to lose. The second rule is not to  
forget the first rule. - Warren Buffett
289. Life is either a daring adventure or nothing at all. - Helen  
Keller
290. Don't count the days, make the days count. - Muhammad Ali

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291. Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful. - Albert Schweitzer
292. Life is really simple, but we insist on making it complicated. - Confucius
293. Life is what happens when you're busy making other plans. - Allen Saunders
294. To live is the rarest thing in the world. Most people exist, that is all. - Oscar Wilde
295. A good life is a process, not a state of being. It is a direction, not a destination. - Carl Rogers
296. Your time is limited, don't waste it living someone else's life. - Steve Jobs
297. Life is short, and it's up to you to make it sweet. - Sarah Louise Delany
298. The best way to predict the future is to create it. - Peter Drucker
299. The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well. - Ralph Waldo Emerson
300. In three words I can sum up everything I've learned about life: it goes on. - Robert Frost
301. The meaning of life is to find your gift. The purpose of life is to give it away. - Pablo Picasso
302. Life is what happens when you're busy making other plans. - John Lennon
303. The purpose of our lives is to be happy. - Dalai Lama
304. Life is either a daring adventure or nothing at all. - Helen Keller
305. The biggest adventure you can take is to live the life of your dreams. - Oprah Winfrey

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306. Life is short, and it's up to you to make it sweet. - Sarah Louise Delany
307. The only thing we have to fear is fear itself. - Franklin D. Roosevelt
308. To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment. - Ralph Waldo Emerson
309. The only way to do great work is to love what you do. - Steve Jobs
310. In three words I can sum up everything I've learned about life: it goes on. - Robert Frost
311. The only limit to our realization of tomorrow will be our doubts of today. - Franklin D. Roosevelt
312. The greatest glory in living lies not in never falling, but in rising every time we fall. - Nelson Mandela
313. The purpose of our lives is to be happy. - Dalai Lama
314. Success is not final, failure is not fatal: It is the courage to continue that counts. - Winston Churchill
315. To live is the rarest thing in the world. Most people exist, that is all. - Oscar Wilde
316. The best way to predict the future is to create it. - Peter Drucker
317. Do not wait for leaders; do it alone, person to person. - Mother Teresa
318. Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. - Martin Luther King Jr.
319. The only thing standing between you and your goal is the story you keep telling yourself as to why you can't achieve it. - Jordan Belfort
320. In the end, we will remember not the words of our enemies, but the silence of our friends. - Martin Luther King Jr.



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321. Success usually comes to those who are too busy to be looking for it. - Henry David Thoreau
322. If you tell the truth, you don't have to remember anything. - Mark Twain
323. It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change. - Charles Darwin
324. The way to get started is to quit talking and begin doing. - Walt Disney
325. The only true wisdom is in knowing you know nothing. - Socrates
326. I'm not afraid of dying. I'm afraid of not trying. - Jay Z
327. The journey of a thousand miles begins with one step. - Lao Tzu
328. Life is what happens when you're busy making other plans. - John Lennon
329. You only live once, but if you do it right, once is enough. - Mae West
330. The best revenge is massive success. - Frank Sinatra
331. Believe you can and you're halfway there. - Theodore Roosevelt
332. The greatest glory in living lies not in never falling, but in rising every time we fall. - Nelson Mandela
333. Life is short, and it's up to you to make it sweet. - Sarah Louise Delany
334. Happiness is not something readymade. It comes from your own actions. - Dalai Lama
335. The more I learn, the more I realize how much I don't know. - Albert Einstein
336. You miss 100% of the shots you don't take. - Wayne Gretzky

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337. Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. - Mary Barra
338. If you want to achieve greatness, stop asking for permission. - Ginni Rometty
339. You don't make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas. - Shirley Chisholm
340. Success is not about climbing up the ladder, it's about making sure the ladder is leaning against the right wall. - Safra Catz
341. You can't be what you can't see. - Reshma Saujani
342. The most effective way to do it is to do it." - Amelia Earhart
343. I work really hard to just focus on the joy of the work that gets to be done, regardless of its size or ambition." - Ava DuVernay
344. You can waste your lives drawing lines. Or you can live your life crossing them. - Shonda Rhimes
345. If you don't like the road you're walking, start paving another one. - Dolly Parton
346. I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. - Maya Angelou
347. The only way to deal with this life meaningfully is to find one's passion and invest everything in it. - Chimamanda Ngozi Adichie
348. You are your best thing. - Toni Morrison
349. You are more powerful than you know; you are beautiful just as you are. - Melissa Etheridge

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350. It took me quite a long time to develop a voice, and now that I have it, I am not going to be silent. - Madeleine Albright
351. We cannot all succeed when half of us are held back. - Malala Yousafzai
352. She believed she could, so she did.
353. Empower others, and you will elevate yourself.
354. Your power is not in your circumstances but in your choices.
355. Strength comes from within; find it, embrace it, and let it shine.
356. You are not a product of your circumstances; you are a product of your decisions.
357. Embrace the glorious mess that you are.
358. Your voice is your power; let it be heard.
359. The only limit to your impact is your imagination and commitment.
360. Empowerment is not about proving others wrong; it's about proving yourself right.
361. The most common way people give up their power is by thinking they don't have any.
362. Be a voice, not an echo.
363. Your uniqueness is your strength; celebrate it.
364. You have the power to create the life you desire; start with believing in yourself.
365. Empowerment is about being the hero of your own story.

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Congratulations! You've made it to another year around the Sun!

How lucky are you? How lucky am I?

I hope the journey through these quotes has been transformative, leading to a richer understanding of ourselves and the world around us. In embracing the wisdom shared, we've found the courage to navigate uncertainties, celebrate victories, and foster resilience in the face of challenges.

Life this year, shaped by these daily doses of insight, has become a canvas where purpose and meaning interweave with the ordinary moments, creating a mosaic of fulfillment and gratitude. As we step into the future, carrying the lessons of the past year, the collective reflection on these quotes has not only enriched our personal narratives but has also contributed to the shared story of humanity's journey towards a more enlightened and compassionate existence.

Let's not forget that we deserve to have

Great life

Great health

Great work

Great relationships

Great environment

Great adventures

Great wealth

Great \_\_\_\_\_

Great brain/mind that's capable of achieving anything

Great - fill in the blanks

We have the power to design a great life.

Don't be afraid.

It's your life so live it to the fullest.

Make mistakes, learn from them, keep moving on.

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Best wishes to you!

*Val Margarit*

Your mentor, coach and biggest supporter,

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Get in touch and let me know your thoughts or share with me your favorite quote.

Get in touch if you need my help or have questions.

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Check out these resources:

SelfMastery Academy

<https://academy.valmargarit.com>

Goal Mastery Course

<https://academy.valmargarit.com/goalmastery>

Confidence for women course

<https://academy.valmargarit.com/confidentwomancourse>

Elevate Your Life 90-Day Transformational Coaching Program

<https://academy.valmargarit.com/renew-you-love-your-life-coaching-program>

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